



THE FUTURE OF WORKPLACE WELLNESS
TOP 5 TRENDS

PRESENTED BY
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1. Financial Wellness

The U.S. is currently experiencing record inflation, record gas prices and record housing costs.



At the start of 2022, 64% of the U.S. population was living paycheck to paycheck.



Employees reported that they spent around 25% of their workweek dealing with financial issues.



86% of employees say that their financial stress impacts their productivity.



84% reported that financial stress affected their job satisfaction.



80% said that financial stress was having a negative impact on their mental and physical health.



Be Proactive

Employers need to understand the specific financial burdens that their workforce is bearing and implement targeted solutions.

